

* **Food Allergen**

Sangio's Deli

Antipasto

Fresh Bruschetta

Roma Tomato, Fresh Garlic, Sweet Basil, Crostini, Estate Olive Oil Drizzle, Balsamic glaze drizzle 12

Charcuterie & Cheese Plate

Assorted Cheeses and Boar's Head Meats, Grapes, Pepperoncini, Olives, Seasonal spread, bread 28

Garlic Bites

Bite sized pizza dough sprinkled in olive oil and garlic, pizza sauce 12

Insalata

Chicken Caesar

Chicken Breast, Shaved Parmesan Cheese, House made Croutons, Romaine, Tomato, *Caesar Dressing 17

Caprese

Mozzarella, Tomato, Sweet Basil, Estate olive oil, Balsamic glaze drizzle 15

New ~ Greek

Cucumber Coins, Tomato, Olive, Feta, Spring Mix, Mustard Vinaigrette. 18

Sandwiches

Cougar Roast Beef

Roast Beef, Bacon, Pepper Jack, Lettuce, Roma Tomato, Red Onion, *Pepperhouse Gormaise 17

Cougar BLT

Bacon, Lettuce, Roma Tomato, Swiss, Avocado, *Mayonnaise 16

Eggplant Panini

Baked Eggplant, Fresh Mozzarella, Roma Tomato, Sweet Basil, Olive Oil, Balsamic 16

Italian Roast Beef

Roast Beef, Pepperoni, Provolone, Lettuce, Roma Tomato, Red Onion, Roasted Red Pepper, Pepperoncini, Italian Dressing 17

*Pizza

Spicy Capichini

Hot Capicola, Mozzarella, Pepperoncini, Herbed Tomato Sauce 17

Mediterranean Veggie

Sun dried Tomato, Kalamata Olive, Red Onion, Mozzarella, Feta, Garlic, Olive Oil, Oregano, Artichoke Hearts 17

Meatball

Mozzarella, Italian Meatballs, Herbed Tomato Sauce 17

*Dolce

Oreo Cheesecake, Tiramisu, Spumoni Cake 8 Estate Port Chocolate Truffle 3

Spicy Cougar Ravioli

Ricotta, Romano, Parmesan and Asiago Filled Pasta Pillows Smothered in Spicy Marinara, Shaved Parmesan 13

Bread and Estate Olive Oil

Sliced Ciabatta, Oil for dipping 6

Estate Cured Olives

Estate Unpitted Olives 7

Dressings: Italian, Balsamic Vinaigrette, *Ranch, *Bleu Cheese or *Caesar Add Salmon 9

Mediterranean Chicken

Chicken Breast, Grilled Eggplant, Tomato, Kalamata Olive, Cucumber, Red Onion, Feta, Spring Mix, Balsamic Vinaigrette 18

Antipasto

Ham, Spicy Capicola, Salami, Pepperoni, Shredded Mozzarella, Kalamata Olive, Tomato, Spring Mix, Italian dressing 18

All Sandwiches are served with a choice of *Pasta Salad, *Potato Salad, Green Salad, Grapes, Large Pickle or *Potato Chips. Served on *Fresh Daily Baked Ciabatta, *Italian Hoagie Roll or *Spinach Vegetable Wrap. Additional toppings and sides extra.

Classic Italian

Genoa Salami, Hot Capicola, Mortadella, Pepperoni, Provolone, Lettuce, Roma Tomato, Red Onion, Roasted Red Pepper, Pepperoncini, Italian Dressing 17

Pastrami Panini

Pastrami, Swiss, Grilled Red Onion, Pickles, Yellow Mustard 17

Spicy Hot Meatball

Meatball, Fresh Mozzarella, Spicy Sauce, wamed on the panini 16

Viva Chicken

Chicken Breast, Pepper Jack, Red Onion, Avocado, Roma Tomato, Lettuce and *Cajun Mayo 16

***Gluten free Dough Available Upon Request 4**

Hawaiian

Pineapple, Ham, Mozzarella, Herbed Tomato Sauce 17

Bianca

Mozzarella, Garlic, Estate Olive Oil 16

Cheese

Mozzarella, Herbed Tomato Sauce 16

BBQ or Buffalo Chicken

Chicken Breast, Pepper Jack, Red Onion, Cilantro, BBQ or Buffalo Sauce 17

Spicy Meatballs

Meatball, Fresh Mozzarella, Sweet Basil, Bed of Spicy Marinara, Estate Olive Oil Drizzle 13

Salmon Board

*Smoked Salmon, *Cream Cheese, Red Onion, Capers, Everything but the Bagel Seasoning, Dill, Crostini 17

Soup of the Day (when available)

7

Turkey Cobb

Turkey Breast, Tomato, Feta, Bacon, Avocado, *Egg, Spring Mix, Choice of Dressing 19

New ~ Strawberry

*Strawberry, *Candied Walnuts, Feta, Red Onion, *Almond, Spring Mix, *Strawberry Vineigrette. 18

Turkey Club

Turkey Breast, Swiss, Bacon, Lettuce, Roma Tomato, Avocado, *Mayonnaise, Honey Mustard 17

Italian Chicken Panini

Chicken Breast, Fresh Mozzarella, Roasted Red Pepper, Sweet Basil, Balsamic Vinaigrette 16

Spicy Cougar Cuban Panini

Chicken Breast, Ham, Swiss, Sliced Pepperoncinis and Spicy Deli Mustard 17

Hot Dog on Roll

Nathan's brand. Toppings: yellow mustard, deli mustard, relish, onion, ketchup 6 w/Beer 12

Pepperoni

Pepperoni, Mozzarella, Herbed Tomato Sauce 17

Cougar Margherita

Mozzarella, Fresh Bruschetta, Choice of Pesto Sauce or Herbed Tomato Sauce 17

Sausage

Sausage, Mozzarella, Herbed Tomato Sauce 17

Ghirardelli Triple Chocolate Brownie 4